

MYSTERY 79

conference

2023 ΕΛΕΥΣΙΣ

BEYOND THE OBVIOUS 2023 HANDLE WITH CARE: CULTURE FOR SOCIAL WELL BEING

7-8-9 JUN 2023
ELEFSINA, GREECE



ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ
Υπουργείο Πολιτισμού και Αθλητισμού

ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ
ΥΠΟΥΡΓΕΙΟ ΑΓΡΟΤΙΚΗΣ
ΑΝΑΠΤΥΞΗΣ ΚΑΙ ΒΙΩΣΙΜΗΣ
ΑΝΑΠΤΥΞΗΣ



ΕΛΛΗΝΙΚΑ
ΠΕΤΡΕΛΙΑ

TITAN

ΑΡΧΑΙΑ ΕΡΕΥΝΑ

ΔΙΑΥΜΙΑ
DIGE

ΜΕΤΡΩΝΟΜΕΣΟΓΕΙΑΚΟΙ ΠΑΡΕΧΟΝΤΕΣ

ΠΡΟΪΟΝΤΑ ΕΛΛΗΝΙΚΗΣ ΠΡΟΪΟΝΤΑ

ΜΕΤΡΩΝΟΜΕΣΟΓΕΙΑΚΟΙ ΠΑΡΕΧΟΝΤΕΣ

ΠΡΟΪΟΝΤΑ ΕΛΛΗΝΙΚΗΣ ΠΡΟΪΟΝΤΑ

METRON

KARPATHIOS

KAYKAS

ηλιασισ

BRIGHT

ASGEAN

SAMSUNG

ΜΕ ΤΗΝ ΚΟΙΤΗΣ ΜΕΤΗ ΤΗΝ ΚΟΙΤΗΣ

ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ

ΥΠΟΥΡΓΕΙΟ ΠΟΛΙΤΙΣΜΟΥ ΚΑΙ ΑΘΛΗΤΙΣΜΟΥ

ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ

ΥΠΟΥΡΓΕΙΟ ΑΓΡΟΤΙΚΗΣ

ΑΝΑΠΤΥΞΗΣ ΚΑΙ ΒΙΩΣΙΜΗΣ

ΑΝΑΠΤΥΞΗΣ

ΕΛΛΗΝΙΚΑ ΠΕΤΡΕΛΙΑ

TITAN

ΑΡΧΑΙΑ ΕΡΕΥΝΑ

ΔΙΑΥΜΙΑ DIGE

ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ

ΥΠΟΥΡΓΕΙΟ ΠΟΛΙΤΙΣΜΟΥ ΚΑΙ ΑΘΛΗΤΙΣΜΟΥ

ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ

ΥΠΟΥΡΓΕΙΟ ΑΓΡΟΤΙΚΗΣ

ΑΝΑΠΤΥΞΗΣ ΚΑΙ ΒΙΩΣΙΜΗΣ

ΑΝΑΠΤΥΞΗΣ

ΕΠΙΧΕΙΡΗΣΙΑΚΟ ΠΡΟΓΡΑΜΜΑ

ΠΡΟΪΟΝΤΑ ΕΛΛΗΝΙΚΗΣ ΠΡΟΪΟΝΤΑ

ΕΛΛΗΝΙΚΑ ΠΕΤΡΕΛΙΑ

TITAN

ΑΡΧΑΙΑ ΕΡΕΥΝΑ

ΔΙΑΥΜΙΑ DIGE

ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ

ΥΠΟΥΡΓΕΙΟ ΠΟΛΙΤΙΣΜΟΥ ΚΑΙ ΑΘΛΗΤΙΣΜΟΥ

ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ

ΥΠΟΥΡΓΕΙΟ ΑΓΡΟΤΙΚΗΣ

ΑΝΑΠΤΥΞΗΣ ΚΑΙ ΒΙΩΣΙΜΗΣ

ΑΝΑΠΤΥΞΗΣ

ΕΛΛΗΝΙΚΑ ΠΕΤΡΕΛΙΑ

TITAN

ΑΡΧΑΙΑ ΕΡΕΥΝΑ

ΔΙΑΥΜΙΑ DIGE

ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ

ΥΠΟΥΡΓΕΙΟ ΠΟΛΙΤΙΣΜΟΥ ΚΑΙ ΑΘΛΗΤΙΣΜΟΥ

ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ

ΥΠΟΥΡΓΕΙΟ ΑΓΡΟΤΙΚΗΣ

ΑΝΑΠΤΥΞΗΣ ΚΑΙ ΒΙΩΣΙΜΗΣ

ΑΝΑΠΤΥΞΗΣ

ΕΛΛΗΝΙΚΑ ΠΕΤΡΕΛΙΑ

TITAN

ΑΡΧΑΙΑ ΕΡΕΥΝΑ

ΔΙΑΥΜΙΑ DIGE

ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ

ΥΠΟΥΡΓΕΙΟ ΠΟΛΙΤΙΣΜΟΥ ΚΑΙ ΑΘΛΗΤΙΣΜΟΥ

ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ

ΥΠΟΥΡΓΕΙΟ ΑΓΡΟΤΙΚΗΣ

ΑΝΑΠΤΥΞΗΣ ΚΑΙ ΒΙΩΣΙΜΗΣ

ΑΝΑΠΤΥΞΗΣ

EUROPEAN CAPITAL of CULTURE 2023ELEUSIS.EU

MYSTERY 79

**CULTURE ACTION EUROPE
BEYOND THE OBVIOUS 2023**

HANDLE WITH CARE:

CULTURE FOR SOCIAL WELL-BEING

ELEFSINA, GREECE

6 - 7 - 8 - 9 - 10 JUNE 2023

INTRODUCTORY TEXTS

- Welcome..... 4
- To Care, To Cure, To Comfort..... 6

PROGRAMME

- 6 June | Day 0 8
- 7 June | Day 1 8
- 8 June | Day 2 10
- 9 June | Day 3 12
- 10 June | Day 4 15

HANDLE WITH CARE PROJECTS' AGORA 19

PRACTICAL INFORMATION 31

WELCOME

Handle with Care | Culture for Social Well-being is the 2023 edition of **Culture Action Europe's Beyond the Obvious** gathering. This international get-together invites practitioners, organisations and institutions, policy-makers, thinkers, researchers, activists and artists from the cultural, social and health sectors working on topics related to care, well-being, health and culture. **Handle with Care | Culture for Social Well-being** will take place in Elefsina, Greece from 7 to 10 June 2023. Culture Action Europe members are invited to join the informal gathering on the evening of 6 June.

It is co-organised by **Culture Action Europe, 2023 Eleusis European Capital of Culture, the CultureForHealth** project and is co-financed by the **European Union**.

The multitude of crises our societies are facing today, including the climate and social injustice, wars, pandemic, economic and political upheavals in and beyond Europe, requires an urgent cultural response: a response rooted in care for the planet and communities, care for each other. To navigate these uncertainties, we are in search of a compass, a sense of direction towards a sustainable, democratic, caring future. The **Handle with Care | Culture for Social Well-being** gathering aims to collectively explore the significance of care as an ethical and political obligation for our societies and the role culture and cultural professionals can play in this. It will specifically discuss the evidence on the role of culture in improving health and well-being. How can culture and participation in the cultural life of communities nourish the sense of social and individual well-being?

Handle with Care | Culture for Social Well-being gathering will also have a special focus on the **CultureForHealth** project. The project implements the EU Preparatory Action "Bottom-Up Policy Development for Culture & Well-being in the EU" and has the ambition to trigger a true policy change in the EU by bringing closer the health, cultural and social policies. It aims to facilitate the exchange of knowledge and experience in the EU related to the role of culture for well-being and health, map the most relevant existing practices, carry out small-scale pilots and provide a set of policy recommendations.

Lars Ebert, Secretary General of Culture Action Europe (CAE):

“The 2023 edition of Beyond the Obvious gathering focuses on urgent topics of well-being, mental, social and planetary health and ethics of care. While discussing the evidence of the role of culture in improving health and well-being, this international “unconference” also creates spaces to talk about the politics of well-living and care, including health, well-being and labour conditions in the cultural field. We are delighted to be debating care for community and care for the planet in Elefsina, which is the European Capital of Culture in 2023, a focal point of our (post-)industrial realities and birthplace of the ancient Greek myth of Demeter, goddess of agriculture and fertility of the land and her daughter, Persephone. A story about love, care and longing.”

Michail Marmarinos, General Artistic Director (2023 Eleusis):

“We are delighted to be hosting “Handle with Care: Culture for Social Well-being” in the city of Elefsina, a place of cruel and mindless industrial development where the term care had been violently renounced over decades. On the other hand, the critical contribution – the big challenge – of art and culture can operate as a constructive and inspiring current reconciliation of communities with those hurtful issues. Culture heals the earth and the soul. I would like here to reveal a direct aspect through a synonym to the word care: that one of respect. Respecting the planet, respecting nature, respecting the landscape, respecting the other. Culturally speaking, the unveiling of a synonym within the language may trigger connotations and as a consequence may expand the possibilities of consciousness and the reception of reality. On this occasion, I would like to welcome you in Elefsina, a latitude where the term care – as previously described – remains an open and dynamic challenge.”

TO CARE, TO CURE, TO COMFORT

Maja Kuzmanović & Nik Gaffney

Care is more than a topic of conversation, or a sector to engage with. Care is an attitude; a lens through which to view the world, moment by moment. In each moment, the instinctive fight-or-flight reaction can be transformed into an attentive response, and any activity has the potential to become a re-animating force, an act of caring.

To care, to cure, to comfort. To be with. To help cope, regardless of the situation. “Being with” involves allowing yourself to be touched by the joys and sorrows of another. To be touched by external circumstances. Thrown off-course by the sheer rawness of the moment, by your own inability to make things better, by our fragility, impermanence and mortality.

We learn to “be with” when looking after a sick child, tending to a garden, or when caring for the dying. “Being with” a person or a process that you can’t quite understand can be frightening and uncomfortable, yet it can also become an instrument for discernment, a compass for navigating ambivalence. Care first, do later.

The work of care in the Anthropocene is a struggle with scale and scope and sentience. What does care for a burning forest look like? For an unstoppable flood? For an economy in crisis? For the endless migration of humans and other animals?

If we assume that the entire material bestiary has some form of sentience, how do we respond to climate change, pandemics, mass extinction or speciation? Even if we are not directly responsible for the causes, each of us is responsible for how we live with the consequences. Responsible to and for each other.

Do you care?

How do you care?

Where do you learn how to care?

How can you care for something, able to consume you completely?

The space of care exists in parallel to the space of “problems” and “solutions”. Underneath the litany of blame and judgement. Beneath economic systems and ecosystems. Beneath worldviews and opinions. Deep, deep

down in a place where words and worlds intertwine. Where myths and metaphors grow from the direct experience of entangled relationships. Transferred through a touch, a broken bone, a bedtime story.

The patterns of care solidify through repetition. From thoughts to words, from words to actions, from actions to habits and from habits to character. From a person to a clan to a culture. This process takes time. An instant in geological time, generations in human time.

Maybe in order to care across spatial and temporal scales — to care for a loved one as much as for an eroding hill or decaying infrastructure — we need alternatives to the current cultural imaginaries. They need queering and complexifying. We need new stories to live by. New or alternative myths, drawn from ever more diverse mythologies.

Perhaps most urgently we need stories that can cultivate our internal landscapes. Widen the reach of the human sensorium. Transform reactions into responses. Rewire our neural pathways. Embody other mindstates.

Until we stop taking ourselves so seriously (or not seriously enough). Until our individual identities are shattered and smeared and re-congealed innumerable times. Until we understand that we exist because of and despite relating to everything else. Until we understand that we are hydrogen ripped from its context, mixed with the dust of dead stars. That we are endlessly recycled water and crystallising cyclones. That we are teeming civilisational hosts. Most importantly, that we are capable of care. To care for humans and to care deeply for the earth. Care as an antidote to nihilism, greed or indifference. Care as the potion we can take to remember that we are inseparable from all animate matter. Touched by and in touch with billions of beings, moment by moment. In a world handled with care.

PROGRAMME

6 JUNE | DAY 0

OLD RAILWAY STATION

20:00-24:00

Open to Culture Action Europe members only

Culture Action Europe members reception

7 JUNE | DAY 1

X - BOWLING CENTRE

LANGUAGE: ENGLISH

Open to Culture Action Europe members only

- 10:00 - 10:10** Welcome by Ines Camara, Culture Action Europe
- 10:10 - 10:25** Guided Meditation by Michail Marmarinos, General Artistic Director (2023 Eleusis)
- 10:25 - 11:00** Speed dating (meet CAE members)
- 11:00 - 12:50** CAE circles: Updates on CAE activities
- 12:50 - 13:20** Culture Action Europe Strategy presentation
- 13:20 - 15:00** LUNCH BREAK (not provided by the conference)
- 15:00 - 18:00** Open Space Technology (facilitated by Niels Righolt, CKI)
- 18:00 - 19:30** Cultural visit: Visit of Mystery 57 Climbing Over Elefsina - Revisiting the landscapes of Elefsina
- Mystery 57 Climbing over Elefsina – Revisiting the Landscapes of Elefsina is a work of research and artistic creativity that brings together artists and scientists from the fields of contemporary dance, contemporary circus, urban planning and music of the Eastern and Western Mediterranean in order to create artistic activities as explorations of public and private space, town planning and the multicultural social fabric of suburban towns. The Greek team “Ki Omos Kineitai” [And Yet It Moves] (contemporary dancers and circus artists) has a creative co-operation with French circus artists and musicians. This is a work in progress inspired by the urban landscape of Elefsina and Bagneux and the inhabitants of the two cities.

This collective work takes shape in situ, through public rehearsals and the participation of amateur and local young artists. A web documentary unfolds in parallel with the main artistic work, narrating the project's development through the eyes of the artists, the local people, the political, artistic, and social institutions and organisations. This interdisciplinary work aims also to explore the new relationships between urban planning, architecture, and the performing arts, bringing artists to the forefront of the development and regeneration of deprived areas and the activation of inactive landmarks, in cooperation with the architectural team of Patrick Bouchain, famous French architect, town planner and scenographer. In this framework, for a third consecutive year, the itinerant town planning workshops under the title "Revisiting the Landscapes of Elefsina" and the debates about the artistic project will take place with the participation of architects, town planners, researchers, and citizens with an interest in public affairs and urban planning. They are invited to explore the new contingencies and new conditions of habitation in times of crisis, focusing on the temporary and flexible nature of emergency habitation systems. The commonly accepted assumption in this research project is that the way out of current crises goes through rebuilding the "neglected" territories of our cities.

LE PLUS PETIT CIRQUE DU MONDE DIRECTOR:

Eleftherios Kechagioglou

ARTISTIC DIRECTION & DIRECTION: Gaëtan Levêque

CHOREOGRAPHY: Christina Sougioultzi & Gaëtan Levêque

PROJECT CO-ORDINATION FOR 2023 ELEUSIS:

Performing Arts Department

CO-PRODUCED BY: 2023 Eleusis & Le Plus Petit Cirque du Monde (FR)

20:00 - 23:00

**Beyond the Obvious opening and a welcome dinner
(Eleusinian Mysteries)**

8 JUNE | DAY 2

X - BOWLING CENTRE

LANGUAGE 10:00-12:00 ENGLISH & GREEK,

12:00-18:00 ENGLISH

- 10.00 - 10.10** Welcome and opening Lars Ebert, Culture Action Europe
- 10:10 - 10:30** Activation by Andrew Greenwood, Artistic Director, Switch2move
- 10:30 - 11.45** Different takes on care,
Speakers: Katerina Gregos, Philsan Osman, Liz Atkin, moderated by Natassa Dourida
- 11:45 – 12.00** **BREAK**
- 12:00 – 14.00** **Circles of Care, discussion circles on various notions of care**
1. Care and Mental Health
 2. Care and Youth
 3. Communities of Care
 4. Curating Care
 5. Care for Culture (and cultural workers)
 6. Care for Climate
 7. Care for Commons
 8. Care and Borders
- 14:00 - 16.00** **LUNCH BREAK (not provided by the conference)**
- 16.00 - 18.00** **Handle with Care Projects' Agora, a marketplace of 30 selected projects**
- 16:00 - 18:00** **The Elefsina Manifesto co-writing session**
- 18:00 -19:30** **Cultural visit 1: Special guided tour of MYSTERY 139**
Alienation by the local photographer Vangelis Gkinis
Alienation is a photographic project on the attrition / disaffection of working people in Greece. In the 21st century, physical wear goes together with disaffection as a result of workers' alienation from their task, which leads to alienation from other people and ultimately from themselves. The project researches working peoples' physical wear: the dozens of professional ailments and workplace accidents as the price paid by labour whose aim is to produce the tangible, intellectual and moral goods required to meet human needs. Vangelis Gkinis will travel all over the country to photograph workers in all main labour sectors, starting from heavy industry (energy, ship building, construction) and going all the way to contemporary professions such as sales, telecommunications, retail,

hospitality, etc. The workers' photographic portraits will be accompanied by photos of work areas as well as the workers' living spaces, and/ or photos of their personal possessions. Once the research is finished, the material will be presented in an exhibition as well as in the form of posters in the city's public spaces.

PHOTOGRAPHER: Vangelis Gkinis (GR)

SPECIALIST ADVISOR: Tasos Travasaros

EXHIBITION CURATOR: Vaggelis Tatsis

TEXT BY: Maria Paschalidou

PRODUCTION MANAGEMENT: Chorus (GR)

LINE PRODUCTION: Christina Kalligianni (GR)

19:30

Cultural Visit 2: Visit of MYSTERY 134 Persephone, the Red Carpet, Old Railway Station

A work of urban scenography and social art to be rolled out in Elefsina in June 2023 with a view to revealing the possibilities for transitioning from a fractured city – in terms of its history, urban fabric, and social tissue – to a cohesive city capable of dreaming about its future. By stirring up primal myths within the imaginations of local residents via the contemporary challenges facing an industrial city, and by fostering public participation, the work seeks to reconcile the future with the past, acting as a model for similar European cities with comparable attributes. The red carpet – 40 metres long and 1.5 metres wide – functions in such a way as to connect with the symbolism of grandeur and formality while also differentiating itself from such aspects, transforming into a democratic symbol while still maintaining its artistic sanctity. The work will be unfurled in various Elefsina settings and neighbourhoods, for five days at a time in each place, and will evolve into a “blank page” upon which the emotions it generates will be recorded. It will be open to both local residents and people passing through, of all ages, genders, and ethnicities. The carpet's arrival will be heralded by a fan fare composed by the trumpet player Andreas Polyzogopoulos, joyously galvanising each neighbourhood.

CONCEIVED & REALISED BY: Kollektif MASI (GR, FR)
(Madlen Anipsitaki, Simon Riedler)

DOCUMENTARY CREATION & DIRECTION: Joshua Olsthoorn

MUSIC: Andreas Polyzogopoulos

SOUND ENGINEER: Yiannis Antipas

PRODUCTION MANAGEMENT: Dinos Nikolaou (GR)

9 JUNE | DAY 3

WORKERS' UNION AND KANELLOPOULOS

LANGUAGE 10:00 - 13:30 ENGLISH & GREEK,

15:00-18:00 ENGLISH

Open to all registered conference delegates

- 10.00 - 10.30** Welcome and presentation of the CultureForHealth project by Kornelia Kiss (Culture Action Europe) and Mafalda Damaso
- 10:30 - 11:45** Next steps to take - Achieving a true policy change and scaling up Reflection on the EU comprehensive approach to Mental Health
With Andrew Greenwood (Artistic Director, Switch2move, Netherlands), Monica Urian, Policy officer, DG Education, Culture, Youth and Sports, Unit D1 Cultural Policy, Noemi Avila Valdes Associated Professor at the School of Education of the Complutense University, Ana Casla, Head of Mental Health Promotion of Madrid Salud. Moderator: Rarita Zbranca, Programme Director, Cluj Cultural Centre
- 11.45 - 12:15** **COFFEE BREAK**
- 12:15 - 13:00** Keynote by Margaritis Schinas, Vice president of the European Commission, introduced by Lars Ebert (Culture Action Europe)
- 13:00 -13:15** **Cultural Prescription program in Greece**
With Nikos Stefanis, Prof. of Psychiatry, Chairman First Department of Psychiatry National and Kapodistrian University of Athens and Margarita Alexomanolaki , PhD, Head of Directorate of Performing Arts and Cinema, in charge of the Implementing Body (Ministry of Culture and Sports) of the project "Cultural Prescription". Introduced by Lars Ebert (Culture Action Europe)
- 13:15 - 13:30** **Q&A**
- 13.30 - 15:00** **LUNCH BREAK** (not provided by the conference)
- 15:00 - 16:15** **Parallel workshops in Workers' Union (1-2-3) and Kanellopoulos (4-5)**
1. Care-cities: Strategies for Enhancing Urban Well-being through Culture
Moderator: Rarita Zbranca
The workshop focuses on how cities across Europe can harness the power of the arts to catalyse resilience, promote health, and cultivate thriving communities. More specifically, we explore how cross-sector partnerships integrating artistic expression, cultural programming, and health

initiatives can nurture social connections, enhance mental well-being, revitalise public spaces and foster community engagement. The workshop looks into possible synergies with a range of European policies, presents inspiring case studies from cities that have already developed cultural welfare strategies and facilitates a conversation on models, tools and approaches that can be adopted by cities aspiring to enable a culture of care in their communities.

2. Talking Points: Arts and Health in Communities

Moderator: Inga Surgunte

The workshop will explore five basic principles to be considered when implementing a culture and health project: participation and co-production; being outcomes focused; iterative learning; universal design; social model vs medical model. The principles reveal challenges of the intersectoral collaboration and possible solutions through different approaches to project design. During the workshop participants will have the opportunity to discuss more deeply on the practical implications of each principle. The workshop is based on the guide “Talking Points: Arts and Health in Communities” published by Northern Dimension Partnership on Culture (NDPC) and Northern Dimension Partnership in Public Health and Social Well-being (NDPHS) in May, 2023.

3. Pushing the policy and practice in your country

Moderator: Mafalda Damaso and Polona Torkar

The Workshop will dive into the recent “Compendium of sustainable culture-based solutions for well-being and health” publication of the CultureForHealth project that aims to inspire more cultural organisations across Europe to join the culture for health and well-being space. Find out about how cultural interventions can support positive health and well-being outcomes and draw on guidance to equip your organisation for the journey towards a culture-based project for health.

4. Do we need to start a new arts & health profession?

Moderator: Kornelia Kiss, Lars Ebert

Let's imagine that policy makers support the arts and health field both politically and financially. How shall we start? If we set up trainings - what should be the content of those trainings? What are ethical aspects that we would need to consider? Can we draw upon already existing materials? Should arts and health professionals (who are not art therapists) be accredited or registered? What is the common ground between a more regulated health sector and cultural sector?

5. What the arts can do in social prescribing

Moderator Mikkel Ottow

Arts on prescription and social prescribing are spreading in Europe. But what is the particular role of the arts in these health promoting concepts? What are the ingredients that trigger health promotion when dealing with arts in different ways? And can we create a set of European recommendations for cities and communities that want to implement arts on prescription or social prescribing?

- 16:30 - 17:15** **Plenary reporting back from workshops** (discussion between workshop chairs, moderated by Lars Ebert)
- 17:15 - 17:45** **Closing of the conference, the Elefsina manifesto read-out and announcement of the Beyond the Obvious 2024 host**
- 19:30 - 20:30** **Cultural visit: MYSTERY 38 Music From the Inside, Kalypaki neighbourhood** (Meeting Point: IRIS Factory)
Routes through the city's communities/neighbourhoods featuring selected music coming from the houses, radiating into public space through doors and windows. A white plastic chair on a doorstep. An image enhanced by music from within. At least one tenant simply sat outside their home or stood at a window. Each route is planned to culminate in a happening of some kind (musical or other), in a square or some other open space within each neighbourhood. Music is selected in partnership with the residents of the participating houses. The formulation of each route also constitutes a kind of musical composition. House – Story – Hero(ine) – Song: the route unfurls like a spool of thread leading from one house to the next.
Curation: **Adrian Frieling**
- 20:30 - 23:00** **MYSTERY 49 Symposia in Kalypaki neighbourhood** (Sant Demeter Church Square, Spetson 26-46)
Nutrition and food are some of the most important elements of cultural history; it's not only what we eat, but how we eat it. From the selection of raw material and the journey it makes to reach our plate to the way we process and serve it, but also from the traditions, taboos, conditions of coexistence and conversations that accompany our meals, one can draw valuable conclusions about ourselves and our lives. Or, as Jean-François Bergier says, time and geometry, goods and people – it is all reflected on the plate. Through a series of activities in the form of extended public banquets enriched

by local folk music, we focus on food and the cultural exchange that accompanies it. Each time, participants invited from the human geography of Elefsina draw inspiration from a specific theme and specific recipes from rich folkloric traditions. Mystery 49 Symposia is an opportunity to meet and eat together; to exchange gastronomic traditions, stories, and manners; to come a little closer to each other through our most unpretentious yet most sensuous daily habit.

The activities are organised in collaboration with local folklore associations of Elefsina.

Concept & Curation: **2023 Eleusis** – General Artistic Department
In collaboration with the island folklore associations of Elefsina: the Elefsina “Archangel Michael” Symian Cultural Association, the Thriasian Plain Corfiote Union and “Saint Spyridon” of Megara, the “Saint Markella” Elefsina Chian Union, the “Archangel Paermiotis” Dodecanese Association of Elefsina

10 JUNE | DAY 4

Cultural visits in Elefsina for those staying longer!

09:00 -12:00

MYSTERY 42 Futuring Waters,

Canteen art hub Futuring Waters is an art and research project conceived by Jenny Marketou. Interdisciplinary at its core, it will itself become a community, engaging as many young Elefsinians as possible while making art meaningful within a social context. Futuring Waters invites us to engage in a global response to climate change and the rights of water, addressing visions of the “future of water” in all its scientific, artistic, and literary ramifications. Futuring Waters considers ecology as embedded in everyday practices and agencies and roots itself firmly in the complex realities of Elefsina. Futuring Waters comprises three workshops and gatherings that will be held in spring-summer 2023. These water workshops will lead to a water exhibition presented in September 2023.

18:00 - 21:00

**MYSTERY 144 Leave What You Loved Once,
Canteen Square / Fonias**

“Leave What You Loved Once” is an interactive installation that invites the public to contribute personal objects they no longer cherish. Composed of transparent cell box units, it creates a floating display against the backdrop of Elefsina, allowing the objects and the landscape to become the art work themselves. Asking people to let go of things, is a symbolic action with multilayered meanings. It captures objects in the moment of transitioning from their functional, individually-owned, indoor existence to the public domain, sparing them from becoming trash. The growing collection of personal objects becomes a monument hosting the leftovers of society and a symbol of coexistence across divergent entities. Locals and visitors are encouraged to participate in a collective action, creating a mélange of kilometer-zero objects and ones coming from afar. “Leave What You Loved Once” aspires to touch upon critical issues such as property, production, consumerism, democracy, changing Mediterranean landscapes, historical and contemporary remains and current environmental and anthropological crises. A call for collaboration and inclusivity, prompting participants and viewers to contemplate and reexamine the relationship with the material world, inviting us to recognize the potential for new histories and narratives through the objects we leave behind.

ARTIST: **Elena Demetria Chantzis (GR)**

PRODUCTION: **Wild Reeds (Panos Giannikopoulos) (GR)**

19:00 - 22:00

**MYSTERY 142 Oh So Now Elefsina Is Growing Wheat!,
Filomila 3, Karaiskaki & Kanellopoulou**

The subjects of this audio installation are the Arvanites of Elefsina, the awareness of their identity, and their contemptuous relations with other Arvanites, such as those from Corinth and Mandra. The work takes the idiomatic expression “grurë edhe Lepsina bëri” – or “Elefsina grew grain too” – as its point of departure. Discussions about the Arvanitika language ring out amid the ruins of the old Vit-A-Min Pappas & Sons factory. Today, the facility is used as a storage space by neighbouring shops. Goods produced by the former factory sit alongside pot plants, picture frames, and furniture. The project spotlights a story about language and minorities, while also revealing

the history of a past light industry and its present relationship with the city.

ARTIST COLLECTIVE: Errands (GR)

TEAM MEMBERS: Sofa Dona, Dimitris Theodoropoulos, Yoko, Elsa Kiourtsoglou, Alexia Sarantopoulou, Ilan Manouach, Nina Pappa

Collaborators: Mihalis Eleftheriou (language transfer), Eirini Tountasaki (anthropologist)

21:00

MYSTERY 168 Mobile Solar Cinema, Old Railway Station

Solar World Cinema is an international network of modern mobile cinemas that run exclusively on solar energy.

In partnership with the Peloponnisos International Documentary Film Festival, it is descending upon the land of Elefsina with an environmental message that concerns renewable energy, sustainable cinema, and green technologies. Staying true to the tradition of travelling cinemas that once toured the countryside, screening films at open-air venues in remote areas, Mobile Solar Cinema is coming to the industrially developed modern city of Elefsina – a place facing acute environmental challenges – with a view to raising awareness about the importance of making the transition to renewable sources of energy. Every piece of equipment used by this mobile cinema is exclusively powered by solar energy. All public screenings are held after the sun goes down. And since the cinema is completely self-sufficient, it can travel to any location. The project's programme of ecological film screenings is also accompanied by a series of workshops for children.

Journey to Utopia (Premiere)

Director/screenplay: Erlend E. Mo

Duration 89'

INVITED SPEAKER: Eva Stefani, Director - Professor

The progressive Mo family lead a perfect life on their farm in Norway. But recently, anxiety and fear about the planet they will bequeath to their children has been keeping them up at night. Taking a giant leap of faith, the family decides to take action and move to Permatopia, a new, self-sufficient, organic cooperative in Denmark.

CO-ORDINATORS: Gina Petropoulou, Kleoni Flessa

INSTRUCTOR: Stefania Charitou

PRODUCTION: Peloponnisos International Documentary Film Festival (GR), Kalamata Creative Documentary Centre (GR)

All day long:

MYSTERY 134 Persephone, the Red Carpet, Youth Park

A work of urban scenography and social art to be rolled out in Elefsina in June 2023 with a view to revealing the possibilities for transitioning from a fractured city – in terms of its history, urban fabric, and social tissue – to a cohesive city capable of dreaming about its future. By stirring up primal myths within the imaginations of local residents via the contemporary challenges facing an industrial city, and by fostering public participation, the work seeks to reconcile the future with the past, acting as a model for similar European cities with comparable attributes. The red carpet – 40 metres long and 1.5 metres wide – functions in such a way as to connect with the symbolism of grandeur and formality while also differentiating itself from such aspects, transforming into a democratic symbol while still maintaining its artistic sanctity. The work will be unfurled in various Elefsina settings and neighbour hoods, for five days at a time in each place, and will evolve into a “blank page” upon which the emotions it generates will be recorded. It will be open to both local residents and people passing through, of all ages, genders, and ethnicities. The carpet’s arrival will be heralded by a fanfare composed by the trumpet player Andreas Polyzogopoulos, joyously galvanising each neighbourhood.

CONCEIVED & REALISED BY: Kollektiv MASI (GR, FR)

(Madlen Anipsitaki, Simon Riedler)

DOCUMENTARY CREATION & DIRECTION: Joshua Olsthoorn

MUSIC: Andreas Polyzogopoulos

SOUND ENGINEER: Yiannis Antipas

PRODUCTION MANAGEMENT: Dinos Nikolaou (GR)

HANDLE WITH CARE PROJECTS' AGORA

The 2023 edition of the Beyond the Obvious gathering will also feature the Handle with Care Agora. It is an informal marketplace showcasing local and international/European projects working with the topics of care, community and individual well-being, health, mental health and culture. The aim of the Agora is to bring different perspectives from arts, heritage, human rights, health, research, politics, activism etc. sphere and mix initiatives from Greece with similar projects coming from all over Europe and beyond and to create an open space for networking and peer learning. Following an open open call, 30 projects have been selected to take part in the Handle with Care Agora. Projects address topics of care for the communities, care for commons, care for climate, care and (mental) health, care and youth, care and borders, care in the cultural sector etc. from the cultural and artistic lens. Below, find the list of selected projects, In addition to these 30 projects, additional 6 pilot projects of the CultureForHealth project will also be showcased at the Agora.

Handle with Care: Projects Agora is happening on 8 June 2023, 16:00-18:00 in the X-Bowling Art Centre, Elefsina, Greece.

HANDLE WITH CARE: SELECTED PROJECTS

Communities of Care

PerFare - Performing arts to promote social welfare access in Europe
PERFARE – Performing arts to promote social welfare access in Europe promotes social inclusion for those audience groups that are marginalized due to psychological and/or physical health issues and/or because belonging to minorities, through the fruition of cultural activities and performing arts initiatives and while engaging in intercultural dialogue.

MuseIT - Multisensory, User-centred, Shared cultural Experiences through Interactive Technologies

The MuseIT project aims to co-design and develop an inclusive multisensory platform with interactive technologies for people with disabilities to have enriched engagement with cultural assets and experiences. The technologies we will develop are namely: a toolkit of multi-sensory technologies including Virtual Reality for cultural immersive experiences and a remote musical

co-creation platform. With these technologies, we want to widen access to cultural experiences and cultural heritage for people with disabilities. Beyond the development of technologies, the MuseIT partners will develop methodologies for transfer, capacity-building and awareness-raising, addressed to cultural organisations, policymakers and civil society, with the aim of supporting the change of narratives on disability.

DE-BIAS: Detecting and cur(at)ing harmful language in cultural heritage collections

The DE-BIAS project aims to promote a more inclusive and respectful approach to the description of digital collections and the telling of stories and histories of minority communities. The project develops an AI-powered tool to automatically detect problematic terms in cultural heritage metadata and provide information about their problematic background.

Museum Educator Assistants (museum training program for adults aged 65+)

The aim of the programme is to familiarise adults 65+ with museum education and with methods of working with children in museums, and to involve them in voluntary museum projects as assistant museum educators. It builds on the long tradition of the Hellenic Children's Museum's adult training programme for museum educators, which has been operating since 1989 (the oldest training programme in Greece on museum education), adding the element of active community involvement to enhance individual and social well-being.

The project was designed and implemented with ANTAMA, a social enterprise that aims to combat ageism and empower older adults to participate in social life, in order to reach the target group and create a strong interdisciplinary team to support all cognitive, social and emotional needs of the programme participants.

CULTUREFORHEALTH PILOT PROJECTS:

Mind the gap by Truc Spherique in Zilina, Slovakia

The Mind the Gap project focuses on promoting the inclusion of people facing difficulties participating in cultural activities due to social exclusion, disabilities, or feeling like a minority. The project aims to use creative and cultural workshops to support mental well-being and to explore the barriers that hinder people's involvement in cultural centres.

CURATING CARE

#BenefitsOfSinging Campaign

The #BenefitsOfSinging Campaign is an initiative of the European Choral Association to raise awareness for the benefits of collective singing both on the individual and on society. On the website we published which are the physical, psychological, educational and social benefits of singing and we added a curated database with research that proves these benefits. In addition we created visuals people can use and an advocacy fit. This campaign can help anybody who wishes to use collective singing in a project / in a specific context to prove why this would be beneficiary. This includes the benefits on the individual well-being, health and mental health (physical and psychological benefits).

Malopolska. Empathetic Culture

It is a project that has become a regular programme. It has been conducted since 2016 when it started as a dedicated project for improving accessibility of 23 regional cultural institutions in Malopolska, Poland. By inviting non-governmental organisations, it has developed a model of improving accessibility of any public space, including culture sector. However, it moved its focus from the needs of people with disabilities and highlighted that we shall be open to diverse and various needs of people visiting our institutions. Moreover, it emphasised that accessibility will not be successful if we won't let others create those cultural spaces together with us. It provides then not only practical solutions, but inspires cultural, social and educational policies, both at political, but also at strategic level.

CoMuseum international conference

CoMuseum 2022 provided an opportunity to explore how museums and, more broadly, the cultural sector, are delivering impact for care and healing within a wider strategic context of culture for health and sustainable development. Keynote presentations and panel discussions set out a series of rich and engaging agendas, including examples of good practice as well as the challenges which the cultural sector faces in this time of profound change and systemic fragility. The 3-day conference looked in-depth at some of the genuinely innovative practice underway in different types of museums and cultural organisations, providing insight and inspiration on the role of culture on healing and care and it began to shape a future where museums can play a foundational role in a healthier society.

Liquid Dependencies

Liquid Dependencies is a Live-Action-Role Playing game, in which players simulate and rehearse life in a society that is socio-economically structured to support decentralized, long-term and mutually caring relationships, with a focus on relationships that fall outside the bounds of traditional kinships such as marriage, working relationships, blood-ties and direct quid-pro quo exchange.

Community Compass

The Community Compass is a new project from the Government on the Channel Island of Jersey, aiming to reconnect our community by increasing participation in arts, culture and group physical activity. At the core of the service is a network of Community Connectors. Working together and embedding themselves into harder to reach parts of our society, they are building an integrated map of our society, especially the less visible areas of hardship and deprivation, and then commissioning new activities directly aimed at creating greater social connection and community wellbeing. To date 18 Community Connectors have commissioned a diverse range of 46 activities - including line-dancing, ladies basketball, art therapy training, a youth choir, pottery making and art workshops for dementia patients.

Care: Economies of Eudaimonia

A week-long research residency program, a collective learning and caring experience, a call for creative people whose work is based on research, experimentation, and collaborations. Recently inaugurated (October 2022), it took place in Crete, and brought together nine cultural practitioners from different fields (curators, artist-performers, writers, historians, placemakers, researchers, cultural managers) as well as 6 speakers-workshop leaders

(university professors, researchers, architects, performers, writers), all of whom have studied, in different and various ways, the topic of care. Starting with the “Care Manifesto” by the Care Collective, over the course of eight days, during workshops, presentations, and debates, we discussed community-led co-creative projects, case studies and empirical studies on the social organization of care in Greece within broader interdisciplinary approaches, the crisis of social care and healthcare in Greece and abroad, the gradual shrinking of the welfare state, the refugee crisis, the pandemic, and the environmental crisis, as well as the secondary traumas of carers, the lack of (their) care, and ‘care washing’.

CULTUREFORHEALTH PILOT PROJECTS:

Culture in hospitals

In the management and treatment of illnesses category, Culture in Hospitals was an initiative to promote arts and health in hospitals, including the existing projects of live music in intensive wards. The goal was to create sustainable concepts that combine cultural activities with health promotion factors to strengthen patients’ mental and physical well-being, staff job satisfaction, and internal and external relations, and to develop new initiatives to enhance co-operation between cultural institutions and hospitals.

Inclusion of Art in businesses and companies

In the prevention and health category, the project worked to promote the inclusion of arts and culture into businesses in order to improve the health and well-being among working-age individuals, including early adulthood and midlife. The pilot project was involving three different companies and included art installations, contemporary dance workshops, and creative collaborative residencies.

CARE FOR COMMONS

Aurora Sogna

The “Aurora Sogna” project is positioned to make a significant contribution to the well-being by addressing the specific needs of the neighborhood community through the development of cultural initiatives that not only meet their needs and solve existing problems but also empower young generations and give them the sense of being “changers of the future.” It’s expected that the quality of life in the suburb of Turin will be significantly improved after implementing those initiatives. Consequently, individuals within the community are anticipated to experience a heightened sense of well-being that will lead to the community one. Through developed initiatives, the project endeavors to enhance the neighborhood’s overall social, economic, and environmental aspects, enrich the community’s cultural life and foster a sense of belonging and social cohesion among its members. The ultimate goal is to achieve holistic well-being, whereby individuals within the community feel better and experience an improved quality of life due to the initiatives implemented through the “Aurora Sogna” project.

Urban Exoticism

Urban exoticism relates offers a unique perspective on the cultural and social issues of gentrification, cultural appropriation, and the postcolonial notion of exoticism. By exploring the peculiarities of urban Athens and the ways in which it has been appropriated as an “exotic” element, Urban Exoticism sheds light on the complexities of modern urban environments and the ways in which culture and identity are shaped within them. Urban Exoticism contributes to the broader discussions on care, community, and individual well-being by examining the ways in which the urban environment can affect our sense of belonging and cultural identity.

inter-GENER8ions

In the context of the diploma thesis for the faculty of Architecture of the National Technical University of Athens, the conditions of the coexistence between an intergenerational community and the cultural community are investigated for the formation of a mixed-use neighborhood in the ex-industrial complex of “Kronos” at Elefsina’s coastline.

Man is Space: Vitic´ Dances

‘Man is Space: Vitic´ Dances’ is a multiyear community art project in a 10-story condominium building block in Zagreb, Croatia. Built by the architect Ivo

Vitic', the building, considered a masterpiece of modern architecture and registered as a national monument (since 2005), was in a deteriorated state that threatened the lives of its 256 inhabitants and passer-by. The project started in 2003 when Croatian artist Boris Bakal (and his artistic company - Shadow Casters) moved into the building and became deeply acquainted with its history, its tenants, and their everyday hardship. The artist aimed to raise the awareness of the tenants and local community to restore this iconic building through a complex interdisciplinary endeavour that combined permanent artistic and social interventions and programs in and around the building. This 'artivism' project re-created and socialised a commonly shared space through intensive artistic presence by unifying tenants to collaborate for its preservation.

CARE FOR CLIMATE

“Amoli”, A Collective Work in Rural | Post-Industrial | Multicultural Community of Aspropyrgos

“Amoli” for the farmers of Aspropyrgos means “The groove of water that waters the agricultural crops”. The project is interdisciplinary. It was created in 2016 in Aspropyrgos, Attica and since then it has been dynamically developing in the fields of art, science, energy, society and education at an international level. It is a collective project that includes the Rural, Post-industrial, Multicultural Community of Aspropyrgos, but now the project is expanding to the whole of the Thriassio Plain. The Thriassio Plain is the plain that includes the cities: Aspropyrgos, Elefsina, Magoula and Mandra and is probably the least favoured area nationally with a major environmental problem. The project is presented in the program of the institution “2023 European Capital of Culture” being the official proposal of the Municipality of Aspropyrgos.

Melisma: an outreach project by the Greek National Opera

Melisma is the new year-long cycle of educational and artistic activities for people of all ages introduced by the GNO Learning & Participation Department. It started since June 2022 in the wider region of Northern Evia that has been severely affected by the unprecedented wildfires of summer 2021. The project focuses on man's relationship with the natural environment and includes a series of experiential artistic workshops of theatrical expression and creative writing, music, movement, dance, and visual arts. In the first stage, each workshop will aim at familiarising participants with the key concepts and

techniques of each respective art form in order to provide the participants with the necessary strengthening tools to redefine their relationship with the natural environment and the traditions that derive from it for the community.

CARE FOR CULTURE

Call me Sugar

What makes a job good? How is dignity defined in the workplace? Do we share another view on sex work with regard to its online versions? Why should its choice as a source of income conceal a sad underlying story? Is this simply the male gaze or is it a conscious appropriation of the patriarchal system in favor of sex workers? “Call Me Sugar” sets out as a surrealistic performance conference centered on working conditions, sexuality, fetishism, and its commodification. OnlyFans, cam girls, and used underwear are the backdrop for a modular performance that will negotiate taboos, stereotypes, and loneliness through the field of online sex work promising sexual and financial liberation, insatiable pleasures, and arousing images. A performance made of research material, humor, personal confessions, and fictional stories.

Not healing is not failing

The idea that “not healing is not failing” is an important and empowering concept that can be applied to many aspects of life, not just in healthcare, but also artistic processes. We cannot control the outcome at all times. This is a fact. As someone who has worked in art, I noticed that any other outcome, apart from the desired one, is a personal failure. The healing, like art, is a complex process, and it doesn’t always happen in a linear or predictable. And that’s okay. The important thing is to focus on what can be done with who we are right now.

Vzw KAOS

KAOS develops art projects with artists who may or may not be psychologically vulnerable and has an Artists in residency programme in psychiatry. It brings art and psychiatry together and tells something about the perception of this. Where historically a distinction arose between so-called outsider and insider art, KAOS resolutely chooses to ignore this distinction in the development of their projects. The starting point is the quality of the work in combination with the trajectory and the themes of the artists they work with. As in the arts field, we notice that the boundaries between psychiatry and non-psychi-

atry are becoming more fluid. However, there are still many prejudices about people who suffer from mental vulnerability and through our projects KAOS wants to challenge these and contribute to a process of destigmatisation.

We want to help..how?

“We want to help ... How?” offers our experiences in assisting refugee and dissident artists in The Green Room in 2022. The Green Room is a center in Cologne, Germany, that provides a wide range of support systems for performing artists. Since our founding in 2020, we had been responding to performing artists’ personal crises, e.g. injury, illness, burnout, loss of work, as well as the difficult challenges arising from the pandemic and its long shadow into cultural patterns and societal structures.

CARE & YOUTH

Emergency Smile

Emergency Smile (ES) is a program implemented by RED NOSES International (RNI) in different crisis settings that aims to enable joy and promote the emotional well-being and resilience of children and youth affected by crisis and their support systems. The main intervention of the ES Programme is the ES Missions. In a mission a transnational group of specially trained Clown Artists, together with a Head of Mission; develop a holistic intervention in a crisis setting by applying a portfolio of artistic formats, to reach audiences in different ways. People affected by crisis require special care. They usually receive the immediate aid to survive, but frequently their emotional and mental well-being is overlooked.

[about siblings]

[about siblings] ([as]) is an innovative R&D project engaging disabled children, their non-disabled siblings & a team of disabled & non-disabled creative professionals. The project will take place in an Athenian neighbourhood in collaboration with local partners and its duration is 10 days. A team of multidisciplinary disabled and non-disabled artists, educators and health professionals will be working with approximately 15 siblings exchanging ideas of playfulness, reality, dreams and imagination. Together they will participate in creative labs. By mixing movement, sound and visual references of illustration and costume design we will create our own music as well as wearable sculptures driven by the participants’ imagination.

CULTUREFORHEALTH PILOT PROJECTS:

Social well-being laboratories

Children, especially among disadvantaged communities, with a migration background, with physical disabilities, or from families with a low income, tend to be more isolated and with fewer opportunities to socialise between each other and with adults. The COVID-19 pandemic has worsened the problem even further, especially when leading to more mental health problems. The aim of the project is to empower the relational skills of those categories of society that are often overlooked when designing cities and its services.

CARE & (MENTAL) HEALTH

Clowning connects us

ClowNexus is a large-scale cooperation project co-funded by Creative Europe. From November 2020 to October 2023, eight European Healthcare Clowning Organisations are exploring the potential of arts and humour to develop social connections with two special target groups: people with dementia and children with Autism Spectrum Disorder. Together with the audiences, the goal is to explore moments of lightness and human connection. The art of clowning opens up spaces for humorous and creative self-expression of all those involved.

Mental health arts festival bonds

Through a diverse programme involving music, film, performance art, theatre, dance, literature and visual art, Lithuanian Mental Health Arts Festival seeks to engage decision makers, mental health specialists, service users and broader society in a dialogue on what kind of mental health care we strive to create. We strongly believe that the answer involves culture, social care, education and other non-medical sectors, active communities, and grassroots movements. The festival aims to encourage new cultural production around the topic of mental health, develop skills for cultural workers to engage in health through creative methods, find new forms of partnerships between (mental) healthcare and culture sectors, and evaluate these partnerships on their effects on reducing mental health related stigma and improving wellbeing.

Arts on prescription in the Baltic Sea region (AoP in the BSR)

The AoP in the BSR project aims to improve the mental and social well-being of people in the Baltic Sea Region by promoting and spreading the implementation of Arts on Prescription programmes. We are developing a manual on how to implement AoP schemes, pilot such activities in five regions and continuously improve, adapt and translate the concept. Through this project, we thrive to make AoP programmes more financially sustainable and available to more people.

Eyes of Light - Arts in Health Hub

The non-profit organization Eyes of Light - Arts in Health Hub was founded in 2019. We envision a society where all people with serious illnesses draw strength and joy through art. With creative programs, participatory art and therapeutic photography, we cultivate the conditions for more patient empowerment, well-being and social connection.

CULTUREFORHEALTH PILOT PROJECTS:

Music and Motherhood - a musical project for mental health

Group singing for maternal mental health aimed to help alleviate depression symptoms, helping participants in transforming negative emotions and negative self-perceptions, experience positive emotions, cathartic release, peer support, and mother-infant bonding. Mothers attend the sessions together with their babies and get to share experiences and receive support from the group, sing, and engage in simple music-making activities under the facilitation of a music lead.

Culture Together - Art and Culture in Nursing Homes

Arts and Culture in Nursing Homes project in Central Denmark Region engages with people suffering from dementia, elderly people, and people with disabilities living in care centers. The project aims to investigate whether cultural and creative concepts in nursing homes can improve the well-being and quality of life for people who suffer from dementia.

CARE & BORDERS

Refugee week Greece

Refugee Week is a an arts and culture festival that happens every year in June, across Greece, that aims to celebrate the creativity, contribution, and resilience of people who have experienced forced migration. It is a cultural festival that is designed, curated, and organised by the community, including artists, civil society, refugees, and aid workers. This initiative is an opportunity for everyone to participate in events, activities, and workshops that promote the message of solidarity, inclusion, and social equality.

Qisetna

An inspiring project giving a platform to Syrians living in the diaspora across Europe and beyond. Through participatory storytelling workshops with a unique methodology, we have created an inclusive and safe space where newcomers meet with local residence and all together share stories of a treasure. Through different exercises, they become aware of the breathing, body scanning, gaining confidence and preparing themselves for a unique performance presented to the community.

PRACTICALITIES

Telegram Channel

We've created a Telegram Channel for participants to receive daily broadcasts of reminders for when sessions start, where to meet, when the shuttles are leaving, etc. To join, click this link or use the QR code below. (If you do not already have the Telegram app installed on your phone, you will need to do so first in order to join the BtO channel. Find the download link here.)

Join the Handle with Care Telegram Channel or use the QR code below:



@BTOHANDLEWITHCARE

HANDLE WITH CARE: LOCATIONS

6 JUNE

(20:00, for Culture Action Europe members only)

Old Train Station of Elefsina,

I. Travlou, Elefsina 192 00, Greece

7 JUNE

(10:00-18:00 for Culture Action Europe members only)

X-Bowling Art Centre,

Charilaou 12, Elefsina 192 00, Greece

(18:00 - 19:30 Visit of Mystery 57 Climbing Over Elefsina-Revisiting the landscapes of Elefsina, for Culture Action Europe members only)

Eleourgiki Industrial Complex,

Iera Odos 42, Elefsina 192 0, Greece

(20:00, Opening dinner, open for all registered participants)

Eleusinian Mysteries, Nikoaidou 76, Elefsina 192 00, Greece

8 JUNE

(10:00-18:00, open for all registered participants)

X-Bowling Art Centre,

Charilaou 12, Elefsina 192 00, Greece

(18:00 -19:30 Cultural visit 1: Special guided tour of MYSTERY 139 Alienation, open for all registered participants)

Leonidas Kanellopoulos Exhibition Centre Indoor Space,

Ionos Dragoumi 37, Elefsina 192 00, Greece

(19:30 Cultural Visit 2: Visit of MYSTERY 134 Persephone, the Red Carpet, open for all registered participants)

Old Train Station of Elefsina,

I. Travlou, Elefsina 192 00, Greece

9 JUNE

(10:00-18:00, open for all registered participants)

Workers' Union,

Charilaou 28, Elefsina 192 00, Greece

(14:30 - 17:30, open for all registered participants)

Workers' Union

(Charilaou 28, Elefsina 192 00, Greece)

& Kanellopoulos

(Ionos Dragoumi 37, Elefsina 192 00, Greece)

TO ADD (19:30- 20:30 Cultural visit: MYSTERY 38 Music From the Inside, open for all registered participants)
(20:30 - 23:00 MYSTERY 49 Symposia, open for all registered participants)
Sant Demeter Church Square,
Spetson 26-46, Elefsina 192 00, Greece (09:00-12:00 MYSTERY 42 Futuring Waters)
Canteen art hub,
Kanellopoulou 4, Elefsina 192 00, Greece
(18:00 - 21:00 MYSTERY 144 Leave What You Loved Once)
Canteen Square / Fonias,
Kanellopoulou 4, Elefsina 192 00, Greece
(19:00 - 22:00 MYSTERY 142 Oh So Now Eleusis Is Growing Wheat!)
Filomila 3, Karaiskaki & Kanellopoulou ,
Elefsina 192 00, Greece
(21:00 MYSTERY 168 Mobile Solar Cinema)
Old Train Station of Elefsina,
I. Travlou, Elefsina 192 00, Greece
(All day long: MYSTERY 134 Persephone, the Red Carpet)
Youth Park, Pindou & Athinas, Elefsina 192 00, Greece

GETTING THERE

FROM THE ATHENS AIRPORT TO ELEFSINA

By suburban railway

From the airport, take the suburban railway direction Piraeus (leaving each hour at 07'), change at Acharnai to Magoula (direction Kiato). From Magoula station, take the bus line 863 direction Elefsina.

By metro and bus

From the airport take the metro to Athens city centre. Get out at the Aghia Marina station (blue line) and take bus line 876 to Elefsina.

FROM ATHENS TO ELEFSINA

By suburban railway

From Larissa Station, take a suburban railway to Magoula, afterwards take the bus line 863 direction Elefsina.

By metro and bus

Take a direct bus line 876 to Elefsina from Aghia Marina metro station (blue line).

Handle with Care Shuttle

ATHENS - ELEFSINA - ATHENS

Each day of a gathering, there will be a shuttle bus organised for participants staying in Athens. One bus will leave Athens in the morning to Elefsina and return back to Athens in the evening.

Book your ride here: <https://form.jotform.com/2023ELEUSIS/mystery-79-beyond-the-obvious>

Meeting point in Athens is the metro station Metaxourgeio.

SHUTTLE SCHEDULE

6 June Athens - Elefsina: 19:15 Elefsina - Athens: 23:00

7 June Athens - Elefsina: 09:15 Elefsina - Athens 23:00

7 June Athens - Elefsina: 18:00

8 June Athens - Elefsina 09:15 Elefsina - Athens 20:30

9 June Athens - Elefsina 09:15 Elefsina - Athens 23:00

ENVIRONMENTAL SUSTAINABILITY

We are aware that conferences and large events have an environmental impact. We are conscious of the role we play as hosts and are trying to reduce our footprint! Join our efforts to make the Handle with Care: Culture for Social Well-being gathering more environmentally friendly. Use public transport, walk (if possible) to the venues, bring from home your reusable water bottles, mugs and headphones to use for interpretation. From the organisers' end, we aim to reduce our environmental impact by minimising printed material and proposing local, vegetarian and vegan choices for the catering. We are keeping our digital footprint small by committing to in-person dialogue without use of livestreaming or video conferencing.

Culture Action Europe thanks the European Union for the support. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency. Neither the European Union nor the granting authority can be held responsible for them.

The licensing of the text is CC-BY-SA:



**CULTURE ACTION EUROPE
BEYOND THE OBVIOUS 2023**



2023 ΕΛΕΥΣΙΣ
EUROPEAN CAPITAL
of CULTURE
2023ELEUSIS.EU

**CULTURE
FOR —
HEALTH**



Co-funded by
the European Union