

CULTURE
ACTION EUROPE
BEYOND THE
OBVIOUS 2023
HANDLE
WITH CARE:
CULTURE
FOR SOCIAL
WELL-BEING

PRACTICALITIES
&
LOGISTICS
GUIDE
FOR ATTENDEES

Welcome to Beyond the Obvious 2023: Handle with Care | Culture for Social Well-being! We look forward to an exciting week alongside practitioners, organisations and institutions, policy-makers, thinkers, researchers, activists and artists from the cultural, social and health sectors working on topics related to care, well-being, health and culture.

As we are guests in the city of Elefsina, we encourage all attendees to learn from and engage with their surroundings during their stay for the Beyond the Obvious programme. In the spirit of care and kindness, we invite attendees to bring with them a sense of curiosity and a commitment to respect: for the city, for the environment and for each other.

This Guide includes the conference programme, as well as practical and logistical information to support your visit in Elefsina.

For any questions that you may have, please visit one of the conference staff at the Welcome Desk onsite.

Table of Contents


Practicalities and Logistics	4
Venues	4
Transportation	5
Telegram Channel	7
Beyond the Obvious Programme	9
For CAE Members	14
Projects Agora	16
Accessibility	18
Translation	18
Getting Around	18
What to Bring	19
Things to Do	21

2023 ΕΛΕΥΣΙΣ

MYSTERY 79

conference

PRACTICALITIES AND LOGISTICS

EUROPEAN CAPITAL of CULTURE  2023ELEUSIS.EU

Practicalities and Logistics

Venues

Conference Locations

Tuesday, 6 June

Reception for Culture Action Europe members
(20:00, for Culture Action Europe members only)

[Old Train Station of Elefsina](#)

Wednesday, 7 June

Culture Action Europe Members' Forum
(10:00-18:00, for Culture Action Europe members only)

[X-Bowling Art Centre](#)

Official opening dinner of the Beyond the Obvious 2023 Handle with Care: Culture for Social Well-being

(20:00, open for all registered participants)

[Eleusinian Mysteries](#)

Thursday, 8 June

Beyond the Obvious 2023 Handle with Care: Culture for Social Well-being
(10:00-18:00, open for all registered participants)

[X-Bowling Art Centre](#)

Friday, 9 June

Beyond the Obvious 2023 Handle with Care: Culture for Social Well-being
(10:00-18:00, open for all registered participants)

[Workers' Union](#)

(14:30 - 17:30, open for all registered participants)

[Kanellopoulos](#)

Transportation

We encourage using public transportation during your time in Athens/Elefsina.

From the Athens airport to Elefsina

[By suburban railway](#)

From the airport, take the suburban railway direction Piraeus (leaving each hour at 07'), change at Acharnai to Magoula (direction Kiato). From Magoula station, take the [bus line 863](#) direction Elefsina.

[By metro and bus](#)

From the airport take the metro to Athens city centre. Get out at the Aghia Marina station (blue line) and take [bus line 876](#) to Elefsina.

From Athens to Elefsina

[By suburban railway](#)

From Larissa Station, take a suburban railway to Magoula, afterwards take the [bus line 863](#) direction Elefsina.

[By metro and bus](#)

Take a direct [bus line 876](#) to Elefsina from Aghia Marina metro station (blue line).

Handle with Care Shuttle

Athens → Elefsina → Athens

Each day of the programme, there will be a shuttle bus organised for participants staying in Athens. One bus will leave Athens in the morning to Elefsina and return back to Athens in the evening. See the schedule below.

There are limited seats on the shuttle to and from Athens.
It is FIRST COME, FIRST SERVED.

[Reserve your seat on the shuttle with this form.](#)

The shuttle meeting point in Athens is [here](#), metro station Metaxourgeio.

Shuttle schedule

6 June Athens - Elefsina: 19:15 Elefsina - Athens: 23:00

7 June Athens - Elefsina: 09:15 Elefsina - Athens 23:00

7 June Athens - Elefsina: 18:00

8 June Athens - Elefsina: 09:15 Elefsina - Athens 20:30

9 June Athens - Elefsina: 09:15 Elefsina - Athens 23:00

Telegram Channel

We've created a Telegram Channel for conference-goers to receive daily broadcasts of reminders for when sessions start, where to meet, when the shuttles are leaving, etc. To join, click this link or use the QR code below. (If you do not already have the Telegram app installed on your phone, you will need to do so first in order to join the BtO channel. Find the [download link here](#).)

Join the [Handle with Care Telegram Channel](#) through the link or use the QR code:

Link: <https://t.me/BTOhandlewithcare>

QR code:



2023 ΕΛΕΥΣΙΣ

MYSTERY 79

conference

PROGRAMME

EUROPEAN CAPITAL of CULTURE  2023ELEUSIS.EU

Beyond the Obvious Programme

Wednesday, 7 June | Day 1

20:00 - 23:00 Beyond the Obvious opening and a welcome dinner

Eleusinian Mysteries

Language: English & Greek

Open to all registered conference delegates

Welcome words from Ines Camara, Culture Action Europe, Michail Marmarinos, General Artistic Director (2023 Eleusis)

Thursday, 8 June | Day 2

The X bowling centre

Language 10:00-12:00 English & Greek

Language 12:00-18:00 English

Open to all registered conference delegates

10.00 - 10.10 Welcome and opening Lars Ebert, Culture Action Europe

10:10 - 10:30 Activation by Andrew Greenwood, Artistic Director, Switch2move

10:30 - 11.45 Different takes on care, Speakers: Katharina Gregos, Philsan Osman, Liz Atkin, moderated by Natassa Dourida

11:45 – 12.00 BREAK

12:00 – 14.00 Circles of Care, participatory discussion circles addressing various aspects of notions of care

1. Care and Mental Health
2. Care and Youth
3. Communities of Care
4. Curating Care
5. Care for Culture (and cultural workers)
6. Care for Climate
7. Care for Commons
8. Care and Borders

14:00 - 16.00 LUNCH BREAK (not provided by the conference)

16.00 - 18.00 Handle with Care Projects' Agora, a marketplace of 30 selected projects

16:00 - 18:00 The Elefsina Manifesto co-writing session

18:00 -19:30 Cultural visit 1: Special guided tour of MYSTERY 139 Alienation by the local photographer Vangelis Gkinis

19:30 Cultural Visit 2: Visit of MYSTERY 134 Persephone, the Red Carpet, Old Railway Station

Friday, 9 June | Day 3

Workers' Union and Kanellopoulos

Language 10:00 - 13:30 English & Greek

15:00-18:00 English

Open to all registered conference delegates

10.00 - 10.30 Welcome and presentation of the CultureForHealth project by Kornelia Kiss (Culture Action Europe) and Mafalda Damaso

10:30 - 11:45 Next steps to take - Achieving a true policy change and scaling up
Reflection on the EU comprehensive approach to Mental Health With Andrew Greenwood (Artistic Director, Switch2move, Netherlands), Monica Urian, Policy officer, DG Education, Culture, Youth and Sports, Unit D1 Cultural Policy, Noemi Avila Valdes Associated Professor at the School of Education of the Complutense University, Ana Casla, Head of Mental Health Promotion of Madrid Salud. Moderator: Rarita Zbranca, programme Director, Cluj Cultural Centre

11.45 - 12:15 COFFEE BREAK

12:15- 13:00 Keynote by Margaritis Schinas, Vice president of the European Commission, introduced by Lars Ebert (Culture Action Europe)

13:00-13:15 Cultural Prescription programme in Greece

With Nikos Stefanis, Prof. of Psychiatry, Chairman First Department of Psychiatry National and Kapodistrian University of Athens and Margarita Alexomanolaki , PhD, Head of Directorate of Performing Arts and Cinema, in charge of the Implementing Body (Ministry of Culture and Sports) of the project "Cultural Prescription". Introduced by Lars Ebert (Culture Action Europe)

13:15-13:30 Q&A

13.30 - 15:00 LUNCH BREAK (not provided by the conference)

15:00 - 16:15 Parallel workshops in Workers' Union (1-2-3) and Kanellopoulos (4-5)

1. Care-cities: Strategies for Enhancing Urban Well-being through Culture

Moderator: Rarita Zbranca

The workshop focuses on how cities across Europe can harness the power of the arts to catalyse resilience, promote health, and cultivate thriving communities. More specifically, we explore how cross-sector partnerships integrating artistic expression, cultural programming, and health initiatives can nurture social connections, enhance mental well-being, revitalise public spaces and foster community engagement. The workshop looks into possible synergies with a range of European policies, presents inspiring case studies from cities that have already developed cultural welfare strategies and facilitates a conversation on models, tools and approaches that can be adopted by cities aspiring to enable a culture of care in their communities.

2. Talking Points: Arts and Health in Communities

Moderator: Inga Surgunte

The workshop will explore five basic principles to be considered when implementing a culture and health project: participation and co-production; being outcomes focused; iterative learning; universal design; social model vs medical model. The principles reveal challenges of the intersectoral collaboration and possible solutions through different approaches to project design. During the workshop participants will have the opportunity to discuss more deeply on the practical implications of each principle. The workshop is based on the guide “Talking Points: Arts and Health in Communities” published by Northern Dimension Partnership on Culture (NDPC) and Northern Dimension Partnership in Public Health and Social Well-being (NDPHS) in May, 2023.

3. Pushing the policy and practice in your country

Moderator: Mafalda Damaso and Polona Torkar

The Workshop will dive into the recent “Compendium of sustainable culture-based solutions for well-being and health” publication of the CultureForHealth project that aims to inspire more cultural organisations across Europe to join the culture for health and well-being space. Find out about how cultural interventions can support positive health and well-being outcomes and draw on guidance to equip your organisation for the journey towards a culture-based project for health.

4. Do we need to start a new arts & health profession?

Moderator: Kornelia Kiss, Lars Ebert

Let’s imagine that policy makers support the arts and health field both politically and financially. How shall we start? If we set up trainings - what should be the content of those trainings? What are ethical aspects that we would need to consider? Can we draw upon already existing materials? Should arts and health professionals (who are not art therapists) be accredited or registered? What is the common ground between a more regulated health sector and cultural sector?

5. What the arts can do in social prescribing

Moderator Mikkel Ottow

Arts on prescription and social prescribing are spreading in Europe. But what is the particular role of the arts in these health promoting concepts? What are the ingredients that trigger health promotion when dealing with arts in different ways? And can we create a set of European recommendations for cities and communities that want to implement arts on prescription or social prescribing?

16:30 - 17:15 Plenary reporting back from workshops (discussion between workshop chairs, moderated by Lars Ebert)

17:15- 17:45 Closing of the conference, the Elefsina manifesto read-out and announcement of the Beyond the Obvious 2024 host

19:30- 20:30 Cultural visit: MYSTERY 38 Music From the Inside, Kalypaki neighbourhood ([Meeting Point: IRIS Factory](#))

20:30 - 23:00 MYSTERY 49 Symposia in Kalypaki neighbourhood

10 June | Day 4

Cultural visits in Elefsina for those staying longer! (See the full description of each activity in the “Cultural Visits” section of this guide.

09:00-12:00 MYSTERY 42 Futuring Waters, Old Canteen

18:00 - 21:00 MYSTERY 144 Leave What You Loved Once, Anapsyktirio

19:00 - 22:00 MYSTERY 142 Oh So Now Eleusis Is Growing Wheat!, Karaiskaki & Kanelopoulou

21:00 MYSTERY 168 Mobile Solar Cinema, Old Railway Station


All day long: MYSTERY 134 Persephone, the Red Carpet, Youth Park

2023 ΕΛΕΥΣΙΣ

MYSTERY 79

conference

FOR CAE MEMBERS

EUROPEAN CAPITAL of CULTURE  2023ΕΛΕΥΣΙΣ.EU

For CAE Members

In addition to the programme provided on pages 10 - 24, only Culture Action Europe Members are invited to the following events:

Tuesday, 6 June

[Old Railway Station](#), 20:00-24:00

Open to Culture Action Europe members only

Culture Action Europe members reception (for CAE members only)

Wednesday, 7 June

[The X-Bowling centre](#)

Language: English

Open to Culture Action Europe members only


- 10:00 - 10:10 Welcome by Ines Camara, Culture Action Europe
- 10:10 - 10:25 Guided Meditation by Michail Marmarinos, General Artistic Director (2023 Eleusis)
- 10:25 - 11:00 Speed dating (meet CAE members)
- 11:00 - 12:50 CAE circles: Updates on CAE activities
- 12:50 - 13:20 Culture Action Europe Strategy presentation
- 13.20 - 15:00 LUNCH BREAK (not provided by the conference)
- 15.00 - 18:00 Open Space Technology (facilitated by Niels Righolt, CKI)

2023 ΕΛΕΥΣΙΣ

MYSTERY 79

conference

PROJECTS AGORA

EUROPEAN CAPITAL of CULTURE  2023ELEUSIS.EU

Projects Agora

> SCHEDULE 8 JUNE FOR PROJECTS AGORA

The most important parts of the schedule for project representatives to be aware of are:

- 11:45 – 14.00 Circles of Care (participatory discussion circles)
- 14:00 – 16.00 LUNCH BREAK
- 15:15 – 16.00 Project Agora Set-up
- 16.00 – 18.00 Handle with Care Projects' Agora, a marketplace of 30 selected projects

> 11.45 - Circles of Care

Before lunch, you have your first opportunity for the exposure of your project. These will be thematic discussion circles and we invited you to attend a particular circle relevant to your project in the email you received entitled 'Handle with Care Agora | Information & Action'. You can then informally present your project in the context of that discussion.

> 15.15 - Project Agora Set-up

We will be setting up the agora during the lunch break. Please ensure you come to set up your project at 15.15. Each project will have a chair and table to present from as you like. You are free to bring your own roll-ups, leaflets, drawing materials or to perform actively around your table... Creativity is welcome, as long as it does not require a lot of production support!

If you want to display a presentation, please be aware there are no projecting facilities available. If you want to display a presentation, we recommend you do so on your laptop at the table. Please ensure your laptop is fully charged as we cannot guarantee how many sockets will be available.


If you would like to check anything with us about how you want to present, please do not hesitate to get in touch and we will see how we can support you. Contact Sophie Dowden sophie@cultureactioneurope.org

2023 ΕΛΕΥΣΙΣ

MYSTERY 79

conference

ACCESSIBILITY

EUROPEAN CAPITAL of CULTURE  2023ELEUSIS.EU

Accessibility

We are aware that conferences and large events have an environmental impact. We are conscious of the role we play as hosts and are trying to reduce our footprint! Join our efforts to make the Handle with Care: Culture for Social Well-being gathering more environmentally friendly. Use public transport, walk (if possible) to the venues, bring from home your reusable water bottles, mugs and headphones to use for interpretation. From the organisers' end, we aim to reduce our environmental impact by minimising printed material and proposing local, vegetarian and vegan choices for the catering. We are keeping our digital footprint small by committing to in-person dialogue without use of livestreaming or video conferencing.

Translation

The following parts of the conference will be available in both English and Greek:

7 June

20:00 - 23:00 Beyond the Obvious opening and a welcome dinner

8 June

10.00 - 10.10 Welcome and opening

10:10 - 10:30 Activation by Andrew Greenwood, Artistic Director, Switch2move

10:30 - 11.45 Different takes on care

9 June

10.00 - 10.30 Welcome and presentation of the CultureForHealth project

10:30 - 11:45 Next steps to take - Achieving a true policy change and scaling up
Reflection on the EU comprehensive approach to Mental Health

12:15- 13:00 Keynote by Margaritis Schinas, Vice president of the European Commission,

13:00-13:15 Cultural Prescription programme in Greece

Please bring your own pair of headphones (with cord) to use with the translation devices. All other sessions not listed above will be held in English.

Getting Around

See page 6 to see the public transportation options available to you during your stay.

Feel free to stop by the Welcome Desk to receive support with calling taxis, suggestions for restaurants, info about cultural activities, etc.

What to Bring

- Headphones (with cord) to use with the available translation devices
- Reusable water bottle
- Personal coffee/tea mug
- Consider a paper fan to keep yourself cool!
- A handful of sand or a special item if you would like to participate in either of these cultural activities:

Mystery 60 metamorphoSEA

Help us (re)create an unrivalled beach at the so-called "graveyard of abandoned ships" in Elefsina. Bring a handful of sand from your local or favourite beach, river, lake to our city during the Handle with Care: Culture for Social Well-being meeting and place it in the designated box in front of the Old Elefsina Town Hall. Your support is an integral part of the art project Mystery 60 metamorphoSEA, that will be presented under the framework of EcoCulture Festival, which is (re)creating a symbolic beach in the dystopian area of Vlycha in order to restore Elefsinian residents' access to the sea and coast.

Mystery 144 Leave What You Loved Once

You can contribute to another participatory project, Leave What You Loved Once, by bringing to Elefsina an object that you once loved and that you're willing to leave there as a contribution to this special artwork. This collection of personal offerings will be placed inside a construction that allows the objects themselves to become the artwork, sharing in common the reality that their owners do not want them anymore. It is a collective action and, in due course, an artwork that reflects on property ownership issues, consumerism, history, relativity in the value and semiotics of objects, and current environmental and anthropological crises.

2023 ΕΛΕΥΣΙΣ

MYSTERY 79

conference

THINGS TO DO

EUROPEAN CAPITAL of CULTURE  2023ELEUSIS.EU

Things to Do

Elefsina is a small, industrial town 20 km west of Athens. As early as prehistoric times, this town has been linked to the ancient Greek's favourite myth, the myth of Demeter, goddess of agriculture and fertility of the land and her daughter, Persephone. The city was known since ancient times for the Eleusinian Mysteries, one of the most important religious ceremonies of ancient Greece. Their ritual represents the myth of Persephone's abduction by Hades, the god of the underworld, the journey of her mother, the goddess Demeter in search for her daughter, the rise of Persephone from the world of the dead, and her reunion with her mother. This is where, according to myth, grain crops were first cultivated, and this is where Greece's largest industries were developed, with disastrous consequences for the region and the sanctuary. [Read more about the history of Elefsina](#)

“On their walks, both local residents and visitors will get the chance to stumble across the city's collective unconscious, the MEMORY of its experiences. Something that subtly heightens the historical curiosity and awareness of its people – be they part of the populace or just passing through – in a playful way. All the actions / projects are thus a process of emergence/revelation. They are called Mysteries and are numbered.” [Find the calendar of all of these mysteries here](#)

Feel free to stop by the Welcome Desk to receive support with calling taxis, suggestions for restaurants, info about cultural activities, etc.

Cultural Activities

There are a number of artistic and cultural activities occurring throughout the Beyond the Obvious programme. Explore the cultural scene in Elefsina. See what we have planned for you!

7 June

18:00 - 19:30 Cultural visit: Visit of Mystery 57 Climbing Over Elefsina-Revisiting the landscapes of Elefsina

Mystery 57 Climbing over Elefsina – Revisiting the Landscapes of Elefsina is a work of research and artistic creativity that brings together artists and scientists from the fields of contemporary dance, contemporary circus, urban planning and music of the Eastern and Western Mediterranean in order to create artistic activities as explorations of public and private space, town planning and the multicultural social fabric of suburban towns. The Greek team “Ki Omos Kineitai” [And Yet It Moves] (contemporary dancers and circus artists) has a creative co-operation with French circus artists and musicians. This is a work in progress inspired by the urban landscape of Elefsina and Bagneux and the inhabitants of the two cities. This collective work takes shape in situ, through public rehearsals and the participation of amateur and local young artists. A web documentary unfolds in parallel with the main artistic work, narrating the project's development through the eyes of the artists, the local people, the political, artistic, and social institutions and organisations.

This interdisciplinary work aims also to explore the new relationships between urban planning, architecture, and the performing arts, bringing artists to the forefront of the development and regeneration of deprived

areas and the activation of inactive landmarks, in cooperation with the architectural team of Patrick Bouchain, famous French architect, town planner and scenographer.

In this framework, for a third consecutive year, the itinerant town planning workshops under the title “Revisiting the Landscapes of Elefsina” and the debates about the artistic project will take place with the participation of architects, town planners, researchers, and citizens with an interest in public affairs and urban planning. They are invited to explore the new contingencies and new conditions of habitation in times of crisis, focusing on the temporary and flexible nature of emergency habitation systems. The commonly accepted assumption in this research project is that the way out of current crises goes through rebuilding the “neglected” territories of our cities.

LE PLUS PETIT CIRQUE DU MONDE DIRECTOR: Eleftherios Kechagioglou

ARTISTIC DIRECTION & DIRECTION: Gaëtan Levêque

CHOREOGRAPHY: Christina Sougioultzi & Gaëtan Levêque

PROJECT CO-ORDINATION FOR 2023 ELEUSIS: Performing Arts Department

CO-PRODUCED BY: 2023 Eleusis & Le Plus Petit Cirque du Monde (FR)

8 June

18:00 -19:30 Cultural visit 1: Special guided tour of MYSTERY 139 Alienation by the local photographer Vangelis Gkinis

Alienation is a photographic project on the attrition/disaffection of working people in Greece. In the 21st century, physical wear goes together with disaffection as a result of workers’ alienation from their task, which leads to alienation from other people and ultimately from themselves. The project researches working peoples’ physical wear: the dozens of professional ailments and workplace accidents as the price paid by labour whose aim is to produce the tangible, intellectual and moral goods required to meet human needs. Vangelis Gkinis will travel all over the country to photograph workers in all main labour sectors, starting from heavy industry (energy, shipbuilding, construction) and going all the way to contemporary professions such as sales, telecommunications, retail, hospitality, etc. The workers’ photographic portraits will be accompanied by photos of work areas as well as the workers’ living spaces, and/ or photos of their personal possessions. Once the research is finished, the material will be presented in an exhibition as well as in the form of posters in the city’s public spaces.

PHOTOGRAPHER: Vangelis Gkinis (GR)

SPECIALIST ADVISOR: Tasos Travasaros

EXHIBITION CURATOR: Vaggelis Tatsis

TEXT BY: Maria Paschalidou

PRODUCTION MANAGEMENT: Chorus (GR)

LINE PRODUCTION: Christina Kalligianni (GR)

19:30 Cultural Visit 2: Visit of MYSTERY 134 Persephone, the Red Carpet, Old Railway Station

A work of urban scenography and social art to be rolled out in Elefsina in June 2023 with a view to revealing the possibilities for transitioning from a fractured city – in terms of its history, urban fabric, and social tissue – to a cohesive city capable of dreaming about its future. By stirring up primal myths within the imaginations of local residents via the contemporary challenges facing an industrial city, and by

fostering public participation, the work seeks to reconcile the future with the past, acting as a model for similar European cities with comparable attributes. The red carpet – 40 metres long and 1.5 metres wide – functions in such a way as to connect with the symbolism of grandeur and formality while also differentiating itself from such aspects, transforming into a democratic symbol while still maintaining its artistic sanctity. The work will be unfurled in various Elefsina settings and neighbourhoods, for five days at a time in each place, and will evolve into a “blank page” upon which the emotions it generates will be recorded. It will be open to both local residents and people passing through, of all ages, genders, and ethnicities. The carpet’s arrival will be heralded by a fanfare composed by the trumpet player Andreas Polyzogopoulos, joyously galvanising each neighbourhood.

CONCEIVED & REALISED BY: Kollektiv MASI (GR, FR) (Madlen Anipsitaki, Simon Riedler)

DOCUMENTARY CREATION & DIRECTION: Joshua Olsthoorn

MUSIC: Andreas Polyzogopoulos

SOUND ENGINEER: Yiannis Antipas

PRODUCTION MANAGEMENT: Dinos Nikolaou (GR)

9 June

19:30- 20:30 Cultural visit: MYSTERY 38 Music From the Inside, Kalypaki neighbourhood
([Meeting Point: IRIS Factory](#))

Routes through the city’s communities/neighbourhoods featuring selected music coming from the houses, radiating into public space through doors and windows. A white plastic chair on a doorstep. An image enhanced by music from within. At least one tenant simply sat outside their home or stood at a window. Each route is planned to culminate in a happening of some kind (musical or other), in a square or some other open space within each neighbourhood. Music is selected in partnership with the residents of the participating houses. The formulation of each route also constitutes a kind of musical composition. House – Story – Hero(ine) – Song: the route unfurls like a spool of thread leading from one house to the next. Curation: Adrian Frieling

20:30 - 23:00 MYSTERY 49 Symposia in Kalypaki neighbourhood

Nutrition and food are some of the most important elements of cultural history; it’s not only what we eat, but how we eat it. From the selection of raw material and the journey it makes to reach our plate to the way we process and serve it, but also from the traditions, taboos, conditions of coexistence and conversations that accompany our meals, one can draw valuable conclusions about ourselves and our lives. Or, as Jean-François Bergier says, time and geometry, goods and people – it is all reflected on the plate. Through a series of activities in the form of extended public banquets enriched by local folk music, we focus on food and the cultural exchange that accompanies it. Each time, participants invited from the human geography of Elefsina draw inspiration from a specific theme and specific recipes from rich folkloric traditions. Mystery 49 Symposia is an opportunity to meet and eat together; to exchange gastronomic traditions, stories, and manners; to come a little closer to each other through our most unpretentious yet most sensuous daily habit. The activities are organised in collaboration with local folklore associations of Elefsina.

Concept & Curation: 2023 Eleusis – General Artistic Department

In collaboration with the island folklore associations of Elefsina: the Elefsina “Archangel Michael” Symian Cultural Association, the Thriasian Plain Corfiote Union and “Saint Spyridon” of Megara, the “Saint Markella” Elefsina Chian Union, the “Archangel Paermiotis” Dodecanese Association of Elefsina

10 June

09:00-12:00 MYSTERY 42 Futuring Waters, Old Canteen

Futuring Waters is an art and research project conceived by Jenny Marketou. Interdisciplinary at its core, it will itself become a community, engaging as many young Elefsinians as possible while making art meaningful within a social context. Futuring Waters invites us to engage in a global response to climate change and the rights of water, addressing visions of the “future of water” in all its scientific, artistic, and literary ramifications. Futuring Waters considers ecology as embedded in everyday practices and agencies and roots itself firmly in the complex realities of Elefsina. Futuring Waters comprises three workshops and gatherings that will be held in spring-summer 2023. These water workshops will lead to a water exhibition presented in September 2023.

18:00 - 21:00 MYSTERY 144 Leave What You Loved Once, Anapsyktirio

"Leave What You Loved Once" is an interactive installation that invites the public to contribute personal objects they no longer cherish. Composed of transparent cell box units, it creates a floating display against the backdrop of Elefsina, allowing the objects and the landscape to become the artwork themselves. Asking people to let go of things, is a symbolic action with multilayered meanings. It captures objects in the moment of transitioning from their functional, individually-owned, indoor existence to the public domain, sparing them from becoming trash.

The growing collection of personal objects becomes a monument hosting the leftovers of society and a symbol of coexistence across divergent entities. Locals and visitors are encouraged to participate in a collective action, creating a *mélange* of kilometer-zero objects and ones coming from afar.

"Leave What You Loved Once" aspires to touch upon critical issues such as property, production, consumerism, democracy, changing Mediterranean landscapes, historical and contemporary remains and current environmental and anthropological crises. A call for collaboration and inclusivity, prompting participants and viewers to contemplate and reexamine the relationship with the material world, inviting us to recognize the potential for new histories and narratives through the objects we leave behind.

ARTIST: Elena Demetria Chantzis (GR)

PRODUCTION: Wild Reeds (Panos Giannikopoulos) (GR)

19:00 - 22:00 MYSTERY 142 Oh So Now Eleusis Is Growing Wheat!, Karaiskaki & Kanelopoulou

The subjects of this audio installation are the Arvanites of Elefsina, the awareness of their identity, and their contemptuous relations with other Arvanites, such as those from Corinth and Mandra. The work takes the idiomatic expression “*grurë edhe Lepsina bëri*” – or “Elefsina grew grain too” – as its point of departure. Discussions about the Arvanitika language ring out amid the ruins of the old Vit-A-Min Pappas & Sons factory. Today, the facility is used as a storage space by neighbouring shops. Goods produced by the former factory sit alongside pot plants, picture frames, and furniture. The project spotlights a story about language and minorities, while also revealing the history of a past light industry and its present relationship with the city.

ARTIST COLLECTIVE: Errands (GR)

TEAM MEMBERS: Sofa Dona, Dimitris Theodoropoulos, Yoko, Elsa Kiourtsoglou, Alexia Sarantopoulou, Ilan Manouach, Nina Pappa

Collaborators: Mihalis Eleftheriou (language transfer), Eirini Tountasaki (anthropologist)

21:00 MYSTERY 168 Mobile Solar Cinema, Old Railway Station

Solar World Cinema is an international network of modern mobile cinemas that run exclusively on solar energy. In partnership with the Peloponnisos International Documentary Film Festival, it is descending upon the land of Elefsina with an environmental message that concerns renewable energy, sustainable cinema, and green technologies. Staying true to the tradition of travelling cinemas that once toured the countryside, screening films at open-air venues in remote areas, Mobile Solar Cinema is coming to the industrially developed modern city of Elefsina – a place facing acute environmental challenges – with a view to raising awareness about the importance of making the transition to renewable sources of energy. Every piece of equipment used by this mobile cinema is exclusively powered by solar energy. All public screenings are held after the sun goes down. And since the cinema is completely self-sufficient, it can travel to any location. The project's programme of ecological film screenings is also accompanied by a series of workshops for children.

Journey to Utopia (Premiere)

Director/screenplay: Erlend E. Mo

Duration 89'

INVITED SPEAKER: Eva Stefani, Director - Professor

The progressive Mo family lead a perfect life on their farm in Norway. But recently, anxiety and fear about the planet they will bequeath to their children has been keeping them up at night. Taking a giant leap of faith, the family decides to take action and move to Permatopia, a new, self-sufficient, organic cooperative in Denmark.

CO-ORDINATORS: Gina Petropoulou, Kleoni Flessa

INSTRUCTOR: Stefania Charitou

PRODUCTION: Peloponnisos International Documentary Film Festival (GR), Kalamata Creative Documentary Centre (GR)

All day long: MYSTERY 134 Persephone, the Red Carpet, Youth Park

A work of urban scenography and social art to be rolled out in Elefsina in June 2023 with a view to revealing the possibilities for transitioning from a fractured city – in terms of its history, urban fabric, and social tissue – to a cohesive city capable of dreaming about its future. By stirring up primal myths within the imaginations of local residents via the contemporary challenges facing an industrial city, and by fostering public participation, the work seeks to reconcile the future with the past, acting as a model for similar European cities with comparable attributes. The red carpet – 40 metres long and 1.5 metres wide – functions in such a way as to connect with the symbolism of grandeur and formality while also differentiating itself from such aspects, transforming into a democratic symbol while still maintaining its artistic sanctity. The work will be unfurled in various Elefsina settings and neighbourhoods, for five days at a time in each place, and will evolve into a “blank page” upon which the emotions it generates will be recorded. It will be open to both local residents and people passing through, of all ages, genders, and ethnicities. The carpet's arrival will be heralded by a fanfare composed by the trumpet player Andreas Polyzogopoulos, joyously galvanising each neighbourhood.

CONCEIVED & REALISED BY: Kollektiv MASI (GR, FR) (Madlen Anipsitaki, Simon Riedler)

DOCUMENTARY CREATION & DIRECTION: Joshua Olsthoorn

MUSIC: Andreas Polyzogopoulos

SOUND ENGINEER: Yiannis Antipas

PRODUCTION MANAGEMENT: Dinos Nikolaou (GR)